



News for the worlds change and transformation

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COSMIC WHISPER 11:11

News from the Universe

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+++ Shift update 09/ 2020 +++

NEWSTICKER 4/9

NEWSTICKER 8/9

NEWSTICKER 13/9

NEWSTICKER 16/9

news ticker 22/9

Posted by Jada Alesandra Seidl on 22 September 2020 7 comments

The transition of the Rainbow Bridge from new moon to equinox is now almost complete. Equinoxes have been a contemplation of gratitude and new beginnings on this mother sphere for many, many, many eons.

The opening of this year's taking place portal was already initiated 550,000,000 years ago of our time measurement.

In the deepest core of your knowledge, you are familiar with, we, all of our existence, is completely timeless, pure multidimensional energy, constantly connected to the source energy, the consciousness of all that is.

Now as an embodied being in this solar system, the veil of forgetting is slowly lifted, so that you can truly integrate all your teaching and experience as a Sovereign Being. Something that often seems troublesome to you, but always aligns you with the cosmic flow to make significant changes, adjustments and increases in your own photon density.

Vaguely you can remember long before this solar system was created in matter, blueprints, matter procurement and precise arrangements were created from the neural energy network of the Creator Source of Consciousness.

High frequency impulses sent from the interstellar core from central sun to central sun into every honeycomb structure of the universes and its galaxies and their suns. Those pulsars connect all the suns and cause an unimaginable large luminous fluid crystalline plasma photon network to pulsate, which is then transformed to be fed into conscious life.

We are now reaching the point in all areas of our lives where realities that have served us so far are dissolving.

If we have learned anything in the last months, it is to live in integrity with our truth. Practising sovereignty to live as we replace the reality of the collective grids with our own timeline, individual growth through experience is integrated into the layers of self-love.

Now a new value is asserting itself in each individual, which honours our evolution. We are beginning to understand how magnificently the seismograph/body of our individual soul interacts with us, that every movement, no matter how small, is the message of our reality and is directly transferred to the embodiment by increasing the subatomic information in the spin of the energy organs.

The language of your individual reality, it is constantly trying to drive you to integrate more photon density in order to perform a complete embodiment reboot.

But there are still particles floating around in the Karma Wheel of all life from our collections, which are enriched in so many ways. Remember, in this life of yours alone you will find a vast amount of energy that you have encountered so far and it is all correlated with your energy. Everything is absorbed, is always absorbed and has to be brought back into alignment with the cosmic balance. Not an easy thing in view of this unimaginable size of the single individual in connection with the Expanding Circle of Interaction with the greater whole.

We here on this planet, like our mother sphere itself, have a certain basic frequency, called plane or dimension, which is transmitted by goal-oriented intent from other higher vibrating frequency transmitters. In our case the higher orders/planets of our solar system and their associated civilisations/realms are closest to us.

What we call here Angels, Galactic Federation, Ascended Masters, Light Councillors, Guardians, Star Nations (Pleiaders, Akturians...)...they all have the same multidimensional light divine original core force from which you also originate.

The only difference is that by understanding and implementing the teachings of their lives themselves in interacting with the cosmic principles have raised their individual embodiment to a certain level of photon density and thus catapulted them into other basic layers of reality/dimensions of consciousness.

Their task, they always walk halfway towards us.

At the present moment there are waves/pulsations in the whole interstellar space which expand into our galaxy and above all to shift our planet into a more stable vibration level, which is at about 40Hz the fundamental tone of the 5th dimension. But parallel to this, the immersion/birth of the 5th evolutionary constructional reality is happening.

Energetic star-codings of visible and invisible quanta in 1/11/111...2/22/222...3/33/33, 4/44/444...Sound, shapes, music, physics, chemistry, the geometry of nature are intensive downloads of the source itself, illustrated by frequency, vibration and energy in transformative mutation periods of the whole evolution, alignment of creation/love transmitted in ever shorter wavelengths.

As we change our frequency on the light bridge of our path of multidimensional ascension, we can take further steps in evolution through the more stable alignment.

Fluid crystalline, plasma photons are pure information that is biologically transmitted through electromagnetic emissions of consciousness.

The more photon density you reach, the more your energy organs fuse together, igniting the nuclear power of all creation.

Although you may sometimes doubt your decision made long ago, you have offered to embody it here at this time. To embody to enrich, anchor the frequency vibration of your currently chosen planet/solar system.

The fear of the unknown causes delays, blocks your journey. Now the new beginning is already infused from a higher level, but you are making decisions out of your comfortable old human shadow ego. In doing so, you cause impulsive chaos with your human aspect and the cause of your inability to move forward until the alignment is brought back into alignment with the cosmic flow.

At the moment a lot of shadow ego is germinating in the collective energy, pulsating around the globe.

You are well on your way to reconnecting to old paradigms and stealing yourself secretly with your free will from personal responsibility into attachment.

Even though so many of you have already taken great steps in transformation and have a deeper knowledge of the meaning of this grandiosely special time, you are once again docking onto the misconstructions of the history of Earthlings' free will, where boundaries are being raised and separations from unity consciousness are being deliberately forced. All to maintain the power of the individual without regard to losses.

During this equinox, a pulsation of energy of decision making and great change builds up.

Each individual begins a new chapter, you can do things differently every second of the day than before, if you are ready to let go of the past, to stop grieving when you look for responsibility for yourself in others, but to take personal responsibility in all your areas of experience. Whatever sprouts in this phase, let it grow and look around you, you can change your energy and do things differently. You do not have to do anything that other earthlings expect you to do. Do not be afraid to align yourself with your highest value of self to change your perspective. Autumn Equinox is a time of preparation for Year 5, a deep time of perspective shifting to cross over to the Now of your future - a pulsation rhythm of nuclear energy centres to increase the photon density in your embodiment. Our Collective Reality teaches us the value of connection, community and unity. The teaching content is tolerance towards others. Recognised boundaries are man-made, share our bodies. Do not be moved to turn against each other. What happens in nature at this time of year reflects what is happening in each of us. No matter where you are in this world. We all experience the opening of the metamorphosis of the inner change of spiritual/interstellar growth. Your decision which of the paths you choose now will allow you to dive faster and deeper into your soul memory, reclaim soul gifts, and integrate new interstellar codes from the 12th and 7th dimension that support your multidimensional existence and its mission to unite with your 5D Avatar body. Interaction Fine and Solid.... upper merkaba, skull plates, jaws, corpus callosum, medulla, carotid, pineal pituitary, olfactory system, alignment and tare of the hemispheres can cause dizziness, poor or blurred vision, trichodynia/hair root catarrh, vagus nerve radiating extended, (back of knee joints) numbness in hands and soles of feet, nausea (solar plexus, heart and throat chakra fusion) ravenous attacks, neck pain, entire torso, costal arches, sternum, intestinal area (new food intolerances) skin, itching, rash, cough and lung pain (throat chakra fusion) Mental level - slightly depressed mood, impulsive overstimulation, restlessness, restless legs Be courageous, make the decision of your supreme sovereignty
J.A.
16Sep

NEWS TICKER 16/9

Posted by Jada Alesandra Seidlam 16 September 2020 10 Comments

Because so many people are not well at the moment...

Your world is upside down and you are experiencing in these days in full liveliness your death, a deep emptiness not knowing who you are in this moment.

A strange state that feels like we are being attacked, dense energy of tension and pressure.

But it is not that, it is your low frequency energy that needs to be catapulted out of the system.

Become aware that this death of your old self is the entry into the first flood of three super moonesses that will prepare us for the upcoming high frequency floods of the solar eclipse on 14/12 - in 88 days 21 hours and 33 minutes - UTC 13:33h.

Normally new moons are filled with light energy sources, so that we can open ourselves for new things. But even the last new moon was already filled with a dense gravity, a cosmic shifting means to focus our attention on what we need to change in order to make progress. Help to anchor and focus on the physical connections in and around us - biospheric DNA changes through dimmed high frequency vibes.

This first super moon in the House of Virgo is therefore a particularly magical high frequency earth energy in this cycle, returning to your physical body. But first the container, however full it may be, must be emptied - the death of the I, the rebirth in the We.

Your consciousness shows you conscious and unconscious integration of the decisions that have already been made. Show you a way to achieve your goals in the next six months.

In the morning hours of the Super Moon the realisation of the fullness of responsibility and work that lies ahead of you dawns within you, which can feel very difficult again - trine to Saturn/Pluto in the House of Capricorn and a quincunx to Mars in Aries- Mars projects fear and anger- be patient with yourself and your surroundings, break with all the old crap of the traditional aspects of the comfort zone of our society that we are used to

Have compassion for everyone when instinctive anger from the traumatised inner child unprepared unleashes the underworld of secrets and taboos. Don't be afraid of challenges, they show the way forward, work steadily on your goal and don't let your ego confuse you or cast doubt. Let go of what you don't need anymore and open yourself to the fresh new highest vibes that are penetrating you.

The rebirth of unique individuality through total rebellion - from duality into the flow of oneness

The divine feminine sacred energy in manifestation takes place through the increased spin of your energy organs, especially in the root solar plexus and throat chakra. It is about bringing balance into alignment, that some parts of you need more light while other parts of you have to accept that there is still darkness. A change that mainly involves strengthening the balance of compassion, self-sufficiency, unconditional love, forgiveness, surrendering to what is and what should be.

Existing blocks manifest themselves in back pain, emotions of abandonment, lack of focus, need for control in relationships, anxiety, depression, guilt, resentment, intestinal or genital problems, impotence, insecurity, rampant worry.

Your first step into your new world

i see you we are eternally united in love

J.A.

NEWSTICKER 13/9

13 September 2020 by Jada Alesandra Seidl

6 planets have been the last four months backwards until today and we have been able to feel all their monumental frequency information from the depths of the universe into the depths of our inner ocean.

Since 14/5 also Jupiter with a very long R- cycle, now from today on the female planet in the house of Capricorn moves forward.

The collective wanders through deep clearings and the manifestation of the new earth paradigm - how we want to live - learns to understand the newly integrated unity principles, limits, ways of life, evaluations from the I into the We and We are I.

While this powerful spiral of female source energy is fully unfolding, it will take about a week for us earthlings to integrate and live with this energy.

We all, including our mother planet, are in the middle of the birth canal of the new world, the transitional archetype of the evolutionary leap of humanoids, fauna and flora, all life on this wonderful planet. The omnipresence of wonder, the magic of euphoria in the blissful quantum heart matrix of oneness is in full swing, a new quality of daily frequency preparing to enter a space-time we knew before we all chose matter.

Each new beginning is a circulating cycle of birth, death and rebirth. With each major backward phase in our solar system, the moment for interior use is fixed. In all these spaces are the possibilities to question belief systems and identities that we have accepted in the past to accept or protect ourselves from the judgement of others.

The reflection of our own truth, invites us to learn from our experiences, to move step by step out of the power fields of fear in all expression and being and experience like interaction.

An opportunity to see what no longer feels real to us, to enable us to let go, but also to recognise that we are allowed to make mistakes without being immediately doomed to ruin.

Your inner research dives now become a direct experience, your focus shifts from this inner world to the outer conditions available to you - a possibility of objective perspective with a conscious decision on how to move forward.

Once again there is a great deal of revolutionary separation, splitting, scattering and termination - always remember that you have chosen whatever reaches you to begin the journey of your metamorphosis into the action of reality from your manifold teachings.

Your energy system is now merging and your body is now becoming more intense, your body will scream louder to release all that has been suppressed.

The standstill of hardened mutations awakens, goes online with miasms in the dense layers of old programming to integrate all fragmented aspects of the self.

The archetype of your divine blueprint activates to materialise a balance of all that is with the reconstruction of the female divine life principle directly from the Source Self.

What means so much in this birth channel, takes place in its phases of alchemical nuclear fusion at subatomic, cellular, mental and also expressive levels to enhance the embodiment.

The world we all knew, it is collapsing. Jupiter asks us to reflect on our beliefs, whether we like it or not, to sort out junk DNA (which so far accounts for about 95% of an earthling's DNA) and to free ourselves from the overpowering clutches of the old power systems, their words and actions and to align ourselves.

Profound social changes and the sloshing to the surface of the hidden, which were already in April in the alignment to the backward migration, will again be topics in these first weeks of the forward movement. But also the clash of Jupiter and Pluto (the second of the year) both were backward

facing at this time and their last meeting on 12/11 (the last meeting until 2033) already marks the turning point at the beginning of a new 13-year Jupiter/Pluto cycle.

Jupiter in Capricorn is intended to counteract injustice and corruption in the way we conduct our values with integrity, ethics and sovereignty. Whether we can integrate the understanding that our individual struggle, for whatever reason, can never be connected to unity.

Saturn will then also turn its direction in the House of Capricorn on 29/11, which will again release some tension and pressure in the energies to accelerate easier breathing.

In Universal Month 13, EE Chamuel, House of Virgo, House of Libra/Alignment (female principles, guardian of our solar system and balance)

- 13 assigned to the coding of the divine female -Venuscode, EE Chamuel, - Zero point energy assigned to the revolutionary star coding of the life building block 4 -44-444-4444-

drastic changes are taking place that will go beyond any comfort zone.

As reported before some updates ... a materiality in which legends are born and superheroes come to life.

Get ready, tighten your belts, let yourself fall into your heart, let yourself drift, a hyper-information quantum photon wave effect an unprecedented superlative draws you into its spell of the upward spiral.

J.A.

NEWSTICKERS 8/9

8 September 2020 by Jada Alesandra Seidl

The 9/9 portal has started.

Since about CEST 9:00 am the shifts have been taking place.

Pressure changes and the fired up electromagnetic energy of our planet itself, prepare those important changes, which the activation of new layers of our self with higher intentions connects, expect highest amplitude fluctuations.

The 4th year of the great transformation, a zero point in the evolutionary history of humanoids, is dedicated to embodiment. Not only to recognise the highest consciousness of unity in the spirit, but also to transfer this into the normal physical life you know.

A process which is now becoming more and more visible and perceptible and with Mars running backwards from tomorrow until November activates very special nodes. Ahead of you there are a lot of source code checks to determine your stage of development on this journey.

The dives into your past (until November) will show you where you still need clearing out, where you have not yet been able to free yourself from the old structural patterns/guidelines.

Guilt - shame - guilt, fears, deficiency, expectation, self-image/creation.

Deep inside you, your true core of origin, like the cosmic pulsation, constantly stretching in your heart, you know there is only the way of the perspective of the heart without the old idea of the old masculine polarity of the ego.

See this blessed phase to find yourself forever in the present moment and to free yourself from the dramas of your limitation in every way.

The physical pressure change of the incoming photons is manifested in latent headaches, cranial plate pressure, severe tension in the temporal region, tonsils, atlas, vagus nerve, joint swelling, joint pain. In lack of concentration, amnesia, loss of appetite, loss of thirst (caution: dehydration), poor vision, ruptured sclera veins, nausea.

See the new perspective, follow the guidance of your soul, your heart feel the alchemy of the interstellar miracle in grounded magical form of your completion.

Panta Rhei

J.A.

NEWSTICKER 4/9

4 September 2020 by Jada Alesandra Seidl 15 comments

A little more detailed than yesterday in the board kitchen

In the interstellar sphere of the coding of divine geometry the year 4 is seen as the zero point energy of the evolution of the transition archetype.

The true legend of the red thread of fate is fulfilled in this moment.

A vortex in which integration of past and future is irrelevant and the moment of NOW has never been more important than it is now.

All the frequency octaves and their emitted sound of our solar system are adjusted to the same height - the materiality in which legends are written and superheroes are born.

The magnets Catharsis Saturn Uranus in perfection of the cascade Neptune, Chiron, Venus Mars, Pluto Mercury, Jupiter, Sun, Earth in harmony of the centre of the galaxy, the Kuiper belt of the Oort cloud to Lyra/Cradle of Mankind, have since last Thursday already initiated a radical frequency shift with unexpected events that is a miracle in nature.

Remember, at the beginning of this year we had a rare breathtaking stellar event that occurs in this intensity only once in half a millennium. Pluto- Saturn-Sun - Mercury connected to each other at 0° on 12/1. in the house of Capricorn.

To put it mildly, the impact was globally and collectively rebellious, epoch-making.

Your fetters of destiny have begun to loosen at this time and have taken on a new catapulting journey into September to lead you to freedom.

Mars is currently slowing down and is in the last days of its direct movement before it begins to recede on 9/9 in House Aries. It is joined to the backward facing row of pearls Jupiter (until 13/9), Saturn (until 29/9), Uranus (until 30/12), Neptune (until 29/11), Pluto (until 4/10), Mercury (until 3/11), Chiron (until 15/12).

Aries is the home sign of Mars.

Aries rules the first house in astronomy or rather shows this house how you perceive yourself, how you appear to the outside world - what and how you are is changed.

Since 1988/8 Mars was no longer regressive in Aries (remember a moment and its radical shifts of the collective from that point on - the PC is increasingly asserting itself on the world population.

Archaeological find of the "Venus from the gallows mountain" The more than 30,000 year old female statuette is the oldest artefact in the world to date and at that time already hid the manifestation of the Divine Female Energy that is present today.

End of the "Cold War", dismantling of warring parties, dismantling of borders, fall of the wall. Nature: disaster Exxon Valdez, heavy quake San Francisco, individuals became richer than whole continents.

It is obvious that the 80-day retrograde cycle of Mars - which was already intensified with the entry into the new Galactic Cycle (20/6) - is a period of rapid recovery from 9/9 to 13/11 and similarly, this retrograde Mars in the House of Aries represents a similar multiple dismantling of the obsolete collective basic structures that have since been re-established in their comfort zones.

The old orientation of Mars towards the masculine as an aggressive, conquering energy is now rapidly coming to an end and is a liberation of the sacred masculine and the rebirth of the divine feminine.

The calibration of the energy of aggression to control the species but also irresponsible action in the individual case of the individual towards the nature of the planet is recalibrated by Mars again on 9/9 and opens the creation triad of manifestation energy.

Your fetters of destiny are loosened and you can return home, provided that you can let yourself fall into your heart during these dramatic changes and only flow with them.

To remind you more of your nuclear energy, let me explain the magic of the 444 coding of September, a 13/4 universal month, 13 is directed towards the empowerment of the truth and justice of the Divine Feminine. The 9/9/4 results in the architect number of the evolutionary blueprint 22 of peace and balance, creating a great manifestation energy of the transitional archetype.

We, you and you all are responsible to form the quantum potential of the miracle, not sometime, but now in this second of the new matrix.

Become aware of the need for complete surrender and the basic trust in the unstoppable divine movement it is happening now.

A process that also creates shadows that are not clearly visible to you and therefore unavoidable for us but by popping them up only our best will emerge and take us out of all the old aggressive ways of thinking, doctrines, beliefs, fears, judgments, valuing the self-imposed boundaries that stand between the I in the dark in the old now and the I in the perfect light of the now. Surrender in the now of the fog of old tides, empower yourself and take back the power you have given away. To regain access to your full potential of divine DNA, remember this is the most important intention during your journey of experience.

Feel the peace within your divine totality of your seed, if you act truly generously, instead of giving power to the human ulterior motives, if you follow your intuition neutrally critical instead of judgmental instead of mind.

Chiron in House Aries offers us ample opportunity to HEAL in new and unimaginable ways.

If you feel disorientation, dizziness, emotional breakdown/breakout, chills, nausea/vomiting, headaches, migraines, extreme exhaustion and insomnia, a feeling of fainting, of falling down while moving, you hear a constant high ringing/tone, your lower and upper (up to HW7) vertebrae drift apart, If your body temperature system is going crazy or you feel somehow distant (high), relationship/interaction problems, or boiling frustration, if you feel devalued, or the collective restlessness filter, the upcoming movement of the breakthrough is obviously showing you to increase the individual vibration to bring the completely new photon essence into the dark spaces of the inner being.

Breakthroughs like these will now come again and again in even shorter amplitudes, because in order to bring the vibration of the physical illusion between the elements we have to integrate the radiant light.

Movement in any form, preferably in the Pantia Rhei of nature, increased water supply and cleansing rituals/detoxification of the physical, diplomacy and gentle conversation alleviate the range of the current experiential journey. Also - and how nice that is - sweets can be helpful for your brain structures during high frequency integration. This sweet stuff gives you a feeling of happiness, which you mostly lack during the frequency sequences and their absorption.

A materiality in which legends are created and superheroes come to life.

J.A.

+++ Shift update 09/ 2020 +++

Posted by Jada Alesandra Seidlam 30 August 2020 10 Comments

September Vibes - Higher octaves of grace for self-improvement, healing, revolution and change, also in the month 9 main themes the frequency spectrum gold - indigo blue.

Since the 22/8 we are in the cosmic current waters of the earthy virgin, the divine feminine has begun its active role to embody her highest self.

After the expansion of the fulminant Leo phase, the reorientation/displacement of her intrinsic connection to the whole of creation is increasingly noticeable and we feel even more the need to dive inwards into the deep ocean and even before this month of 8 is completely sealed, a great, fabulous breakthrough of your experiential journey on the royal bridge of light into September is taking place.

For this reason the last few weeks have been an intense time of deep ocean of interior use for many of us.

With the epic Lion Day uploads, with the Virgo season, our focus has naturally shifted from the outside world even deeper into our inner state and will increase in importance as Mars on 9/9 opens the sacred portal of cosmic pulsation (which is what happens through human consciousness) to recede until 13/11 and we continue to shuttle into the Libra season, where the system uploads that have taken place since July begin to manifest more evenly in their materialisation/manifestation of high speed.

You begin to understand who you really are, that the whole world resides within you. As you see it, your perspective makes the difference. To find peace you must first be able to accept yourself - all your light and all your shadows - as you are. Once you have mastered this, you are inevitably protected from everything that hinders you, that makes you feel that you do not want to go on. Understand it is a gift to find yourself again, even if you are all alone you will never be lonely. Be prepared to breathe all the experiences and wisdom of the female soul, to embody her iteration of the multiplicity of her lives in one physical body.

Change of perspective, inner pole shift

You are far more than enough you are the seed of love, born in the darkest recession of the galaxy the essence of your light shines from the innermost place of your heart so brightly to illuminate the whole universe

In this 2nd phase of the year 4, when the collective world events are hyper-accelerated and the present chaos creates conditions for growth, we as sovereign beings of free will have the possibility to include finely tuned light coordinates into our manifested/embodyed system at certain interstellar space/time points - the near 9/9 is such a great coordinate alignment day.

Until then, low frequency energy will intensify at an accelerated rate and for some, survival training will begin for the next few weeks to let go of everything that prevents them from embodying the highest potential.

However, if even in the most intense times we can be the eye in the centre of the hurricane, following the inherent flow in the breath of changing vitality with mindfulness and turning our gaze to what is happening with neutral/judgmental childlike wonder, it is indeed easy to navigate. Your Multidimensional Metaself carries and contains the experiences of all the expressions of your fractals, which are projected in numerous lifetimes and timelines. All these projections happen simultaneously in the moment of the now and continuously.

Right now your soul is working on the experience of order and success through the inner balancing of the collective divine masculine and his toxic reason, and yet it is receptive to the fullness of the nature of divine feminine energy.

It happens within the subconscious of your inner child or the influence of karmic experience.

Every pattern of experience in your life is karmic, from your parents, the city we live in, to the structure of your home country has entered into a relationship/interaction with your life's puzzle of self-creation and we are all the things that make us move forward or backward.

Venus connects with Saturn and on 6/9 she will move into the house of the lion, we will have to examine our own responsibility and reality control in the wheel of karma through triggers of various formats of the printer but the essential thread of love in the core of the world evil through ourselves and cross the course of the teachings for forward or backward.

With the backward wandering Mars and its Yang current it is important to choose the inner struggles wisely, to work attentively openly and honestly with the expression of aggressors, depression, frustration, burn-out.

During this passage, your journey in the House of Virgo, the Sun will harmoniously form sparkling jewel codes with Uranus/Tranus, Jupiter, Pluto and Saturn/Capricorn fluid.

All of the planets mentioned in the Earth Sign invite you to lay solid foundations for your/our glorious future of the Aquarian Age, which will be fully activated in December, to optimise our daily routines and organisation and to align concretely with our true self.

We will create long task lists and take practical measures, action. Salutogenesis and work-life balance need to be readjusted. Concentration on things which correspond to the true nature of an individual will reach new heights not yet experienced.

If this high frequency source energy is used with mindfulness, we have the chance to make significant progress in our work, in our individual personal life and on our healing journey.

It represents the transition of an evolutionary phase of your transition archetype which is mainly focused on the Self with the involvement/interaction of other earthlings through the opening of the higher lens for the overall view - from the lower human aspect of the ego to the balanced ego/ego of the we - eternally connected.

The teaching of humility and to serve is part of the function of the September Energy, but it is not all we are to learn from this journey of our archetype. The actual purpose can easily be distorted if we can only see this phase through the lens of our own service.

The deeper mission is to continually improve. We seek to improve options, qualities and abilities that we need to meet on an equal footing with those we look up to.

To cultivate a devotional attitude towards discipline, to take full responsibility for what we have already taken and continue to take, in order to become the best version of ourselves. With full awareness of the action that we are constantly working with ourselves and that the work is never really over.

In September, House of the Virgin, a strong correlation happens with the physical body, especially with our digestive system, with everything that nourishes us, everything that makes us human and for the development of the embodiment.

During this phase we may find that we develop a hypersensitivity to our environment or to what we eat.

The alignment of the Sacral Chakra is now ready to open up and release the emotional isolation baggage of wounds and self-created blocks of 10,000 years - fears of rejection, abandonment, lack, not being able to live a pain-free blissful life. At the same time, the solar plexus, heart, neck and crown chakras stretch exponentially.

Many earthlings therefore feel pressure in the pelvis/gastrointestinal tract, heart and larynx and skull plates, atlas, temples and jaw area, but also in the metacarpals, hip, knee and ankle area and the spinal canals.

Especially when we do not acknowledge our sensitivity. If we do not respond to the need to rest, the need to eat healthily, to live in a quiet environment, the call to retreat, we are more vulnerable to all expressions of problems. Stress and overload in psyche and body are then tangibly carried to our surface/ everyday experience.

A call to be careful about what we consume, not only in terms of food, but also on a more subtle level. (information, earthlings and energies, what surrounds us, what penetrates us)

Seen from a higher perspective, a great temporary window opens up to purify our physical and energetic body. Taking pauses from superficial social interactions or social media, fuelling detox for the body.

Mercury the natural regent in the house of Jungfrau, thus in the current time window, sends practicality and attention to detail.

On 5/9 when the planet of logic and critical thinking enters the house of Libra, the Yin side is activated. The functions interwoven with this are self-analysis, critical thinking and the organisation of information, which we have each created individually.

In the balance of the counterpart, the House Gemini is correlated with the Yang side of the messenger of the gods. Communication how do we share information that we think we know through our self-image.

Misunderstandings and practices of insecurity will germinate the conspiracy by stretching the cosmic input of the enriched encoding of the epic 44, by manifesting the down-to-earth/practical building block of the essential, removing superficial repetitive information that has no concrete function/purpose.

From the house of rational scales into the mystical and mysterious foreshadow of the house of Scorpio on 13/9 - Mercury - hidden information, revelations, subtle changes and decisions of the months of October November correlate.

You may lose contact with the awareness of the perfection of the present moment, with the unconditional acceptance of yourself and the way things are now.

And yet these are great weeks of expansion, where intellectual abilities have been greatly upgraded from the 12 dimension since 27/8. Extremely active, sharper and faster than usual to reorganise our schedule and thought processes our Intuition and Telepathic superpowers, to work on new projects of individual development. Shadow work will also be forced in the coming weeks - a cleansing wave of detachment and release from self-sacrifice to masochism, by neglecting our own needs and desires. From feelings of guilt when we put ourselves first or when we do not help others in any way, huge shadows of September are energy.

These shadows show distortions of the real mission on this path, which we will have to recognise and learn to contain in the coming weeks - a calibration that is so much sharper, reminding us that if we hinder others from learning lessons through sacrifice without mindfulness of self-responsibility/ self-love, not only for ourselves but also for others, we will not be able to do so.

Be patient and proactive with yourself and others, if souls have had to master their lives in old paradigms for so long, it is a matter of course not to be able to let go of everything from one second to the next.

A conflict between the opposing forces in the House of the Virgin and the House of Pisces with Neptune will be particularly noticeable in the window between 30/8 and 11/9 the last third of the 4th year with the extended and incredibly enriched frequency flooding of the full moon (House Pisces 2/9 - CEST 07:22h).

In the sign of the merging of all into one, where the invisible and mysterious deep worlds will invite to research journeys, there are no limits in vision and expression.

A dive into the spiritual rebirth of the dimensional realms 6-12, which represent timelessness and the consciousness of unity and integrate even more intensive healing crystals into the Archimedean earth light grid, which was raised on 22/8 to the 7th level of synchronicity and destiny unfolding - renewed tune in the entire embodiment. Furthermore, the 111 activates a triple manifestation coding of liberation and the light-filled rebirth of love to pass through new tunes.

Uranus merges with Sun and Mondin in a highly energetic positive and exact triangle in the rhythmic dance of catharsis. Mars drives us to take new directions/perspectives.

On 11/9 a precisely charged Sun will oppose the slightly disoriented Neptune with overwhelming force, discharging a frequency bandwidth of a large interstellar nuclear fusion - self-discipline, self-control.

Highly meaningful decisions of reality are to be made on 16/9, how strong is your trust in creation, how strong is your confidence in the All-encompassing Love.

At the new moon on 17/9 CEST 13:00h we shift into practical responsibility, into the action of reality from the heart.

On 22/9 we reach the Equinox marker which will focus even deeper into the inner ocean on our relationships with our environment, partnerships, worlds and all the resulting energy patterns outside of our epigenetics, found in micro RNA. Considerations of who or what makes you grow, who or what is no longer serving your path clear frequency messengers of the October/November separations.

Schwwendtage: 21st, 22nd, 23rd, 24th, 25th, 26th, 27th and 28th.

Portal days: 10th, 13th, 18th, 21st and 29th

Physical correspondences - olfactory system, epi- and pituitary gland, corpus callosum, medulla oblongata, carotid gland, gastrointestinal tract, gonads,

Thank you very much for your attention, for the appreciation you have shown ...to all of you a particularly attentive and easy flowing November navigation

I see you, we see and eternally united in love

J.A.

A support/appreciation on your part helps to ensure a smooth and free of charge process.

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