

News for the worlds change and transformation

## **MahaJyoti.Vision**

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Ralf A.Seger

11-2020-kosmisches-gefluester-11-11-en.pdf

## **COSMIC WHISPER 11:11**

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**Shift update 11-2020 Shift Update 30/10 - 30/11** 

+++ NEWSTICKER 9/11+++ +++NEWSTICKER 22/11+++

## news ticker 22/11

Posted by Jada Alesandra Seidl am 23 November 20204 comments

So far we have been able to integrate the powerful interstellar 24442 star codes of the great 11 portal, now in a very short span until the sealing on 29/11 these will also be booted in all biosphere systems.

In addition, yesterday, 21/11, we were able to encode for the first time the bottom of the information quality of the Aquarian Aeon materialised in us. And with today your master building block for the next 30 years was set.

Now we find ourselves in a 31/4 day, 744 hours of Trinity alignment of soul, mind and body - 44640 minutes - 2 678 400 seconds - 9 the completion of the epic evolution of all species in cooperation and for each other, earth time intermediate level in the middle of the most turbulent threshold of the current cosmic archway - officially in the age of Aquarius.

Full entry 21/12 Acclimatisation period until end of January 2021/5

The most important thing for everyone now is to break away. To break away from what you have been, the world, the collective that celebrates death and rebirth before your eyes.

Remember, you are a multidimensional cosmic being. Born in the creation pool of eternal infinity, which in the highlighted perception of multidimensional being a physical embodiment on a physical biosphere in the nature of its cosmic mother galaxy glides through interstellar space.

You are the one you are waiting for, you are the event

For many, straight ups and downs are repeated.

Our psychic senses intensify and we are more sensitive to the stimuli around us. Everything we talk about, everything that testifies to our existence, postulates consciousness and its current level. Memories, collective setbacks and ghosts of the old patriarchal system buzz through the ether. Dreams play a big role in changing ourselves.

A repetition of the dark night of souls happens when earthlings pass through a period of sadness.

Sometimes the dark night of souls is triggered by a crisis/loss, other times it is the result of triggers from a long period of emptiness or an awareness of unhealthy family dynamics / patterns.

In this process there is often a lot of repetition of fear because you become aware of your own traumas. The trauma that is carried into society, into the collective, and the reality that we exist in a culture of earthlings conditioned to live, act, live on autopilot. You can feel very isolated because you cannot put into words what is happening inside you. The permanent cosmic tachyon flooding triggers your individual mind and body again and again and thus triggers a sensation.

Your body reacts through the cosmic flooding. It constantly challenges you to bring these sensations of dying into motion and to dive even deeper into yourself to transfer whatever your soul has already exposed into your everyday consciousness.

You are constantly searching outside, thinking no one can understand your situation, but this feeling of pain is your old conditioned self dying by holding on to your own conditioning of what the world is like.

The dark night of the soul in which you are moving in earth time since the beginning of the year is a deep awakening of your true self.

Again and again during the year 4 we are asked to dive into our own inner universe, accelerated since the summer solstice.

If we have oriented ourselves to the cosmic map of guidance, we have ascended with new experiences.

We should remember that all our cosmic reality is compressed in these comparatively small bodies.

A miracle of creation and this as the last instrument activates this miracle to remind us, nor are there any themes/shadows.

Connected on the physical level of the first half year (double trinity cycle) - where we could absorb different light frequencies at the peak of every millisecond about 130.000 lux through the body - the things and our way of being by retreating into the cosmic nature have somehow made us somehow let our inner fire of deep knowledge, trust and confidence blaze visibly in an alchemistic way by shaping / materializing light despite global chaos.

Light stimuli reach the retina through the retina of the outer (embodied) lens. The signals are sent in the form of nerve impulses to the pineal gland, which in turn transmits this information to the hypothalamus or the nucleus suprachiasmaticus - our inner biosphere clock. In this process, the pineal gland shuts down and the adrenal cortex begins to release dopamine, cortisol, norepinephrine, testosterone and serotonin.

This biochemical process alone makes it easier to cope with cosmic and collective currents if we overcome our exclusively human bastard during a painful trigger, which is also equivalent to a state of shock on a physical level, and get it moving.

Since the autumn Equinox, the natural LUX flooding of the sky has been rapidly decreasing and we will only be able to take in about 20,000 LUX when the sky is clear and about 3,500 LUX when the sky is closed. Despite invisible high frequency cosmic flooding, it is a particularly natural way to turn inward, to dive deep into our seeds and to fully uncover the root of our conditioned being and our experiential imprints.

On a biochemical level there is a constant connection between the adrenal glands and the mesencephalon/midbrain. As soon as we are flooded cosmically, our resonance body begins to vibrate and channels emotional themes into the matter of the body - deeply repressed, buried experiences, conditioning, imprints, express themselves through pain. In most cases emotional layers without actual physical findings and yet really present, are rather rare and only if repressed for too long with actual illness, as earthlings call it, can be proven in the long term.

As soon as we are triggered by an event such as intense compressed cosmic flooding or external stimuli of a physical or psychological nature, the adrenal gland produces norepinephrine, the stress hormone, and sends it into the body via the midbrain. This creates tension and the connective tissue surrounding each cell hardens.

\*for explanation - All the different types of connective tissue are derived from the embryonic mesenchyme. The connective tissue is a three-dimensional network that supports the epithelial tissue and other tissues. It usually has no proper shape and is found almost everywhere between tissues, organs and vessels. The connective tissue forms the "stroma" (framework) of all organs. The

grey and white matter of the central nervous system is an exception, as this task is performed by the glial cells (the neuroglia).\*

And although this chemical reaction of real injuries is intended to restore health, the brain sprays exponential norepinephrine impulses when dissatisfaction and annoyance accompany us for a longer period of time.

As a result, the hardened tension usually remains unrecognised in the body until we change our entire previous way of being.

So we wander in the world of death and rebirth of our way of being in order to peel out the authentic version of ourselves.

Although you are usually unaware of this, you are currently receiving a lot of information from different interstellar sources and dimensions with a single Essence LOVE.

No matter how chaotic it may seem, know that through the eons and upgrades you are more able to learn than ever and this one essence, it makes the hatred, the old wandering selfish being in the dark forest fade away.

We are officially in the Age of Aquarius and evolution is inevitable. Old society and ego tanks are breaking down around us.

Love, the true cosmic love, is a sacred coupling of you with creation, purest essence that is constantly growing and expanding and no one outside of yourself can penetrate this form of infinite consciousness.

Those who cannot see through the veil will suffer greatly in the coming weeks until movement comes into being and the veil begins to lift. Understanding and openness about how energy works, what the smallest unit - our body - communicates, will be more necessary than ever before.

Those who are already allowed to replace their minds with cosmic consciousness are literally stepping into their power to live their service to others for all. Through your highly informed natural vibration you create with every breath, every nanosecond a new reality of the level on which you accept yourself.

Sometimes it may seem as though the energy flow from the outside is trying to block your connection and cast doubt within you to undermine the meaning of your wonderful journey. And yet it is the phase of quantum leaps - where knowledge, technologically and spiritually for the future is available to everyone on the planet and all its inhabitants.

Adjustments are needed in our existence, remembering self-love to activate your soft, gentle and nurturing side. This will make you more flexible and combative for your true self and inner peace and strength will be present.

Christ-/Unity consciousness is the key to the new era - neutral sovereign togetherness For each other - we are all connected.

Our Milky Way galaxy will only be able to expand through love until it graduates in the 12th dimension and is ready to be reborn in the 13th dimension and its quality and yes it is a long way to go from our point of view.

Physical correspondence - Upper and lower abdomen (spastic) - Liver Bile Stomach Spleen Duodenum Small intestine and pancreas , Uterus Fallopian tubes and bladder, thymus, lungs, heart, esophagus, extremities

Emotional correspondence - anger, decisions, suppressed aggression, friend enemy recognition, inner strength, unsolvable conflicts in family structures

Take space for yourself, abstain from any outside influence as far as you can avoid it

## +++ **NEWSTICKER** 9/11+++

J.A.Posted by Jada Alesandra Seidl am 9 November 2020

We have started the month with a powerful gravitational turn and it will be some time before we can integrate the light-fully powerful flow of information.

The first week of November has already delivered many unpredictable surprises and these will accumulate over the coming weeks.

In this stormy atmosphere, as nature resets and recalibrates the balance of the old biosphere lattice connections, cracks appear, it cracks and shakes in the whole embodiment of the individual and the collective, the ultimate 3D reality collapse is gaining momentum.

Changing things and transforming the entire collective structure will take place over the next 18 months. We are now heading towards the 11th portal of the New Beginnings - Star Coding 4/222, in a short distance, followed by the 12th portal - Star Coding 144. Finally, we enter the most powerful portal at 21/12 - star code 144 and photon infusion 7272144 (completion of the Reconnection) which, from a powerful conjunction last experienced in our solar system in 1623/13/4 and initiated now, is a - Jupiter/Saturn connection, starting point of the epic Aquarius Eon - the key to entry Courage unlocks CLARITY.

# +++ Your absolutely biggest opportunity so far to embody the 5th consciousness of your sovereign real template / original coding of your self-energy +++

Without courage/courage balance/balance withers away, without balance freedom withers away, without freedom withers away PEACE

2020, year 4 is the most transformative year of our lives and a strong contraction of rebirth awaits us in the next, last weeks of this year.

The opening of the distortions and experiences allows us to dive into the centre in the exponential acceleration and experience a slowdown of crystalline alchemy in this eye of silence at the point of observation.

Archived profound data carriers, program contents of the atom/cell construct begin to migrate to the surface in the process on the physical, electrical, energetic, emotional level of the embodiment - fusion of heart and mind, balancing masculine and feminine energy makes the primal essence pulsate more powerfully and radiantly than at any time before.

High-frequency pure diamond light codes, which flow out of the omni-universal streams by immersion in the sun's radiation/plasma infusion, bring the left and right hemispheres of the brain into harmony and harmony by uplifting/triggering the functions of the neocortex, especially the occipital lobe (to align the inner and outer visual lens). Thus facilitate the alchemical marriage of the frightened male and female energies within.

While diving deeply into the core of our inner universe, we pierce the icy, petrified crusts and bring the deeply shattering truths to the surface/outer surface.

Eris degrades rulers of disharmony and initiates even more release so that challenges of the current quality can be solved.

Evolution needs colourful diversity, in many advanced civilizations these colourful steps have gone wrong for various reasons. Now at this point where we all are we are here to correct the wrong decisions on the way to heart consciousness in the constantly increasing particle flooding.

Many other time lines are still collapsing and just when your mind tells you that yours has done so, non-integrated shadows will explode in your face. The November vibrato will show you exactly what is still ignored, where hidden aspects of the masculine energy qualia have been truncated by the paradigms, trimming the wings of the feminine qualia.

Sudden bursts of unconscious anger, aggression, doubt, pain - inside and out - reflect the deep cleansing as we have hurt and neglected our own identity in the name of love.

Perhaps your mind whispers to you "why am I experiencing these circumstances, why can't I just be happy" - it is the limitations, experiences of your inner child, the fear of exposure to the unpeeling

sovereignty of your being that does not want to pursue the deceiving symptom of the EGO of yourself or others, surrender to enter your subatomic expanded space.

Make sure to remain open and realise that all this is necessary to allow us to rise. We are transcending an old, ancient paradigm while new worlds are being built in parallel.

There is no need to keep telling yourself that certain truths remain unattainable because the mind whispers, no matter what your history is. Yours, All evolution happens completely without limitation when, through exposure/publication, possibilities remove the lack through limitation.

If you follow the light trail of the everlasting connection of your heart, your highest potential will create itself. Experiencing life at your highest potential will help humanity to create its highest potential.

Biolocalisation - occipital nerve pain localised pain in the skull and vertex and lower torso, gastrointestinal, spleen - liver kidney adrenal glands, gonads - luminal trust connection and release Chakras 1 -7

And remember.... the avoidance/non-observance of the triggers/triggers is not healing. Healing happens when we are triggered. Being able to walk through the pain, pattern and history with complete acceptance, following the light tracks of our path, let evolution happen - remember!

Thank you very much for your dedicated attention - and if you feel the impulse to support this work, there is an opportunity in the top left menu bar to support this space - all new and longtime accompanying boarding kitchen visitors send their best wishes here ....and .... We see ourselves eternally connected,

in LOVE!

J.A.

## Shift Update 30/10-30/11

Posted by Jada Alesandra Seidl am 31 October 2020

The veil of 28/10 (- 3/11) has already been lifted and its outstanding events of the past week herald an even more intense November.

We end a smaller cycle of the spiral in the wave principle and change from the hard Yang into a new intensity of the softer Yin energy.

Softer is not the same as simple, oh that would be a completely wrong interpretation. The last months of November December shifts are getting so much harder, so different from anything we have seen before.

The dive will take us even deeper into the inner universe. Shadows and darkness that we have not been able to feel until now are only now being discovered through the many light-filled data transfers that have already taken place and been integrated.

We are now ready to deal with the aspects the ego has kept us away from.

You will be able to channel a lot of energy into your system and feel things that you could not even begin to imagine before. You will be able to explore your persona in a new way. It is highly recommended that you truly begin the inner journey.

November penetrates below the surface of everyday consciousness and begins with the passage of our sun through the scorpio sky.

With the steady build-up of energy beginning in September and October we feel the newness of something - but we do not know exactly what it will be.

It is a month of revelation and revolution where there is pressure to take action and make progressive changes in your life. The time to play small, to live by the outdated rules of others, to keep silent or to let joyless commitments decide your life is over.

The atmosphere may seem insecure to you disguised in mysteries and it will be difficult to distinguish between fear and intuition.

November encodes, as we encounter our own shadows and darkness, the elimination of thought instability and the creation of long-term stability.

31/10 we celebrate a particularly rare Shamhain in mating with the blue full moon in the sign of Taurus, which connects exactly with Uranus, which is in retrograde.

The last time this so special event took place simultaneously was in 1944.

If we turn our attention for a moment to this temporal history, we find a lot of drama through the events of war.

++Samhain is one of the two big gates where the veils lift, marking the end of the harvest season and the beginning of winter, the "darker half" of the year. It is celebrated from sunset on 31 October to sunset on 1 November.

Together with Imbolc, Beltane and Lughnasadh it forms the four seasonal festivals in the pagan cycle of the year.

The first full moon after the harvest month of October is traditionally called the Hunter's Moon, because after the harvest they had more visibility and brighter light for their way of obtaining food.

Each full moon brings with it an energy of liberation, climax and maturation. It represents the climax of their cycle. The full moon, because of its sparkling light, exposes the matter on earth at each climax.

According to the traditions, at all turning points of the pagan year, the gods approached the earth during Samhain, so that many sacrifices and gifts were offered by the earthlings in thanks for the harvest.

Personal prayers in the form of objects symbolizing the desire of supplicants or diseases to be cured were thrown into the fire, and at the end of the ceremonies stamps from the great fire of Tara were lit. Everyone received the flame of Tara, which marked this time as the beginning, and the earthlings received the kindling of new dreams, projects and hopes for the coming year. ++

The honour of all ancestors and that which describes your own history is a very special task at this time.

For this purpose, towards the end of the 28/10 and yesterday the 29/10, the vibration of the echo of the past was already encoded. Until recently the echo reflected only the love of Narcissus, yesterday we built the basic building blocks through our own words, dialogues, actions in the epicentre of being for the time ahead3.

All our dialogues, thoughts, actions, events are a point that indicates in which stage of development we are at the moment. What was radiated into the world through our actions on this day echoes far into the future that is already developing.

Time exists only within the constructs of the physical plane that we as human beings have chosen to experience in the multidimensional reality, all your lifetimes already exist your past and your future.

You know your future self and most likely some of your past many selves are hardcore and great, go and turn away from your old being. Live your new identity.

Full moons cast a light on something that was previously unconscious. Your emotions expand, we find more clarity in things.

Everyone is now experiencing an extremely charged cosmic alignment that for many of us can be associated with sudden events, unexpected news and life-changing possibilities.

During this spectacle in the fire, the Mooness sits next to Uranus, the planet of rebellion and the unexpected, while she is under the sign of Taurus 8°.

Uranus' task is to bring about change and although some of us resist because of the fixed nature of Taurus and Scorpio, we must accept to lose control in order to fully digest and appreciate what will happen at this time and how this energy will manifest in the 3D reality.

The connection of the Mooness with Uranus can cause fear and anxiety and a tendency to rapid emotional changes.

There is also good news. This blue full moon is ruled by Venus, which is currently strongly anchored in her home sign of Libra. We can trust that serious magic will appear for us during this time and most likely bring love, relationships and money.

Trust the process and fill the vibration during the full moon with self-care routine. Things may not seem to be going your way yet. Now you need a conscious decision to close this chapter - but you will do it.

One thing is for sure the Supermondin brings surprises to heal our body, mind and heart, to further strengthen our sovereignty.

And after spending most of the year 4 in constant panic, confusion and fear, we need our surrender, acceptance in all expression of the things in life and in the field of interactions to receive this healing energy.

The meeting of the cosmic players as on the first weekend asks you to accept the strong transformation that is coming.

Open yourself to your new self and trust the plan of creation. It unfolds as it should and most likely you have already been able to see the manuscript in the last 10 days of events.

This cycle of 4 brings a new clarity to everyone. A field where we see through the barriers we have chosen to live in until today. A clear view of what is actually needed to live, how to achieve the implementation of our individual plan.

In order to create a new reality, we need to learn to better understand and use inner strength, power and wisdom. We already carry all the answers and know the truth, now is the time to REALLY see where your energy is concentrated and remember

## Energy follows attention.

At some points in our lives we have to dance the light bridge inwardly to cross the boundaries of conditioned thoughts. But this is exactly where we find the need for stagnation. Giving in to this feeling brings disharmony

and slowing down to the symphony, while the orchestra of the cosmos pushes to balance everything and follow the sounds of creation.

What is exciting in the movement is that chaos is the guardian of balance. To balance opposites we roll them around inside us, start juggling with our experience. Forgetting by trying to unleash a meaning for the infinite and forgetting again most of the time that meaning is limitation. But love exists beyond rational strength.

But you are already in the middle of the first important 5D mission, where you unleash old realities to create a new one.

A reality that you already embody in your multidimensional memory and is anchored in higher existences. A reality that lives in a completely new frequency and completely transforms our present common reality of the earth into a higher expression of love and well-being through acceptance.

It is truly an honour when the immersion of light happens, even when you can hardly guess what is actually happening.

1/11 All Saints Day is a reminder of the multidimensional nature of existence, the evolutionary and karmic cycles of death / rebirth and everything in between.

This day is representative of the seed, of unity. It represents birth and beginnings. However, the seed can only grow into a mighty tree when it becomes aware of its full potential. It only needs the right nutrients and conditions to germinate and develop, just as we sometimes need encouragement to develop our ideas.

As we move into this new world, we sometimes need new leadership, and this 1/11 gives it. It is a fresh guide that leads us into unconditional trust and unconditional love, into our highest interest of the heart.

Scorpio is symbolised by the scorpion floating in the darkness, ready to sting unsuspecting prey, and confronts humanity with the raw power of misguided desires that fuel the covert world of lower intentions.

The Scorpio inevitably yields and evolves into the mystical and mythical Phoenix, rising from the ashes of destruction to discover hidden reserves of power, truth, integrity and wisdom.

The entire first week of November takes place in a tense aspect between Mercury and Saturn.

Exactly on 1/11 and again on 6/11 this aspect ensures careful, methodical action. Mercury in stressful aspects with Saturn tends to provoke and exacerbate strong disagreements, and it can be difficult to accept other points of view.

4/11 Mercury moves directly 25 ° Libra

Increasing the intensity of the great dramas/dreams in October and November is another planetary act in the Celestial Festival to release an unprecedented depth of our self and all its aspects.

Mercury is a challenge for Uranus, the Game Changer planet.

This trend began in the first week of October, repeated on 19/10 and reaches its final pass on 17/11. Unusual and sudden reversals, the uncovering of underlying problems, fluctuating emotions and strategic plan changes are simply part of the process.

Interestingly, the stage set shows that Mercury's aspect with Saturn implies strict adherence to the law, but Mercury's aspect with Uranus implies a break from the norm along with upheavals and reforms.

Essentially and energetically, the past in the crucible of transformation collides with the future, resetting the trajectory for decades to come.

Jupiter meets Pluto on 12/11 for the third and final passage. It may be helpful to consider this long term pattern which started on 4/4, repeated on 29/6 and will be completed this month - read LOGBUCH.

The hidden world of the lower powers has changed a lot and has become known to the public.

Jupiter is the planet of striving, ethics, truth and justice. Takeovers of power in high positions are becoming more and more obvious and are undermining public confidence. The whole construct of values is being overhauled on a gigantic scale as systems are updated and adapted to current challenges.

On 13 November, Mars begins to regain momentum after deployment and and transforms its flow into a sense of relief and readiness to close this chapter and turn the pages of history on many levels towards recovery.

Still in Aries, the zodiacal sign of action, Mars began to recede on 9 September. After a long stretch of twists, delays and detours, Mars speaks to the pioneering spirit in each of us.

Mars in Aries gives this extra boost of vitality to increase the pace and start over.

However, we are not out of the dark forest yet, as Mars remains in Aries until January 2021.

Although the uncertainty is great and there are more questions than answers, the rotation helps to balance discomfort and spark enthusiasm.

On an individual level, Mars has served in Aries to clarify boundaries, especially with regard to relationships.

On a collective level, Mars has contributed to unrest in Aries and increased the potential for aggression and conflict.

On the 14/11th few days after Mars is direct, a Scorpio new moon prepares the ground for progress.

In supportive harmony with the Jupiter /Saturn /Pluto conjunction in Capricorn, this is a confrontation with the new moon.

Scorpio destiny and sovereign determination are in supportive harmony with the integrity and practicality of Capricorn.

15 November 2020/Scorpio 23° 17' - CEST 06:07:11h

An optional new moon to clarify long-term goals and manifestations.

From this point on, Jupiter and Saturn now run directly, moving away from the strong alignment with Pluto, which has dominated the planetary play time and again.

In summary, the celestial play Saturn/Pluto in Capricorn provides a powerful reality check to ensure that we are not ignoring social issues that need to be addressed.

We see the demise of many systems and structures that society has relied on to provide stability - but the truth is that many of these systems have deteriorated and no longer function for the benefit of earthlings - we see the strongest effects of Saturn-Pluto influence when dysfunction and decay are revealed.

In addition, the new moon connects with the protective influenc of Jupiter, which connects the asteroid Pallas Athena and is the protective goddess of mediation, teamwork and diplomacy. Together this rare combination supports the expansion of possibilities and optimism. In combination with Venus in Libra, these planetary patterns promote harmony for fair and just solutions.

Another important factor in this autumn month is Mars, which connects with the small outermost planet Eris and represents the goddess of discord. Overall, this combination is known as the T-square - Jupiter / Pallas Athena / Saturn / Pluto in Capricorn - Mars / Chiron / Eris in Aries - Venus in Libra.

This alignment is perfected in mid-November and offers an intense contrast between advantage and disadvantage. The clash of competing and opposing perspectives is unmistakable and asks for attention, as different groups get up to be seen.

The lunar eclipse of the twins on 30/11 contributes to the theme of diversity. The sun is now in Sagittarius and abstract idealism meets the reality of/on the earth plane. The connection to the solar eclipse in House Sagittarius on 14/12 unlocks a dramatic conclusion to the year, so that the long-awaited dance at the first degree in House Aquarius between Jupiter and Saturn on 21/12 and the catalytic square aspect of Uranus /Bull will resolve the tensions of this year and the old forms.

Together with the need to rise above various agendas to find common ground and aspirations.

Darkness is revealing and dissolves layers of illusion and deception to expose the true nature beneath the phenomena of the surface. This happens both inside and outside, both on a personal and collective level. In addition, eclipses are associated with an 18.6-year cycle of the lunar nodes. This particular solar eclipse and the following solar eclipse on 14/12 reveal trust, faith as the driving force of earth civilisation.

Family conditioning, social and cultural beliefs are taken for granted and accepted as truth, although in so many cases there is evidence to the contrary.

These eclipses serve to awaken the masses. For those who listen and are receptive, these eclipses can bring relief from a highly conflictual phase and raise consciousness towards the plateau.

Another key planet in the last days of November is the direct stationing of Neptune on 28/11.

Furthermore, Neptune is in a stressful state for the lunar nodes and triggers a crisis of faith, symbolising an enormous and final paradigm shift for the world. While Neptune dissolves limited concepts to reveal the universal truth, Neptune is the planet of unconditional compassion born of empathy and the reflection on how it can be to walk in someone else's shoes.

However, the delusional quality of Neptune can aggravate addiction and mental health problems. Neptune is highly sensitising and earthlings have developed many methods to escape reality, many of which are destructive to mind/body/mind.

On the positive side, Neptune increases the potential for spontaneous surrender/acceptance and dissolves the boundaries of everyday consciousness to instruct, uplift and redeem.

Remember that although it is sometimes (or most often) difficult at the moment to be thankful even for the supposedly bad thankfulness, thankfulness as one of the most basic virtues is a key to contentment, generosity and even cooperation in a world in dire need of comfort,

Genuine gratitude is a special feeling that comes from the deepest part of the heart - it can heal broken hearts and save lost souls

Sincere gratitude can change everything!

Chakras 1 - 5, 11, 22,

4 planets direct - Venus - Jupiter - Saturn - Pluto

4 planets in retrograde - Mercury - Mars - Uranus - Neptune

Physical Correspondence -

Migraine-like stinging, pulling, pulsating headaches, eye pressure, tooth and jaw complaints, atlas, vagus nerve, medulla, central nervous system, olflactic system, extremities, shoulder head and leaf area, spinal canal, sacroiliac joint, spleen, pancreas, adrenal glands, Gastrointestinal tract, genital area, flu-like symptoms, tonsils (right) lymph, skin (papery or pustular), increased electrical muscle and spinal tone, numbness in extremities, increased hair loss, prolonged bleeding from injuries, secretion, feverish sensation,

Swing days 12,30,

Portal days 2, 6, 23, 25, 30,

Lash your harnesses and brave flight into the inner realm of your universe of November turbulence

J.A.

Thank you for the appreciation and attention

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