



News for the worlds change and transformation



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Ralf A.Seger

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COSMIC WHISPER 11:11

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Shift update 12/2020

Shift Update 29/11 - 31/12 NEWS TICKER 6/12 News ticker 14/12 News ticker 21/12

+++ News ticker 21/12+++

Posted by Jada Alesandra Seidlam 21 December 2020



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Rebirth

The great cosmic calendar dispatches transformation on the horizon

As we move into the 4th year and the epochal constellation of Jupiter Saturn and Pluto in Capricorn (12/1), we have witnessed the ushering in of a new era last seen in this quality 500 years ago.

Our prayers, of all the vibrancy of the solar system, have been answered and the entire cosmos is working with us through various means in significant time.

As of today, we have completed the most difficult parts of clearing all earthly personal condensations of our ego-centred existence and are encoding new freedom/lightness of the Aquarian Age with the wonderful grand conjunction of Saturn and Jupiter (both 0° Aquarius).

The last time we had this event was almost 800 years ago.

The essence of the 4 in divine mathematics carries the practicality, hard work and solid foundation of your future success through the present and is the expression of the root of the eternal infinity of the reduced 8.

We are experiencing today the first formatting of the building blocks (500+800/44) in the foundations of the Creation Mastery of Christ Consciousness in the Aquarian Aeon. A new trinity cycle for all starseeds encodes the 1.056/12/3 of illumination of divine building block science, its stages of development and outcomes.

As you go through your daily life you often forget how deeply connected you are to the rest of the Universe. Your individual energy and choices bind you to both your cosmic spiritual and physical worlds, and yet you are never alone on these paths, but always connected to all the aliveness of creation.

In the release of the first part of the master building block of your DNA at the beginning of the year, you went through all kinds of instabilities.

With the completion of the two great conjunctions, the second great part of your starseed DNA encodes itself.

The valuation of the past has been removed from the enveloping light grid of your mother sphere, the collective, and now allows the merging of present and future.

The first basic building block of your divine blueprint is set/materialised and new basic needs that you need to live reality enter your life of the new era with immediate effectiveness.

However, this does not mean that it now happens on its own without further work but still requires interaction but with much more illumination for stability.

A great and rare turning point in the magical cycle of events that tingles like an earthquake underfoot, shaking awake those things that are not safe and accelerating decay.

The current of this change has been sending out unstoppable glistening gamma photons of royal justice for 72 hours now and will continue for another 72 hours (144 hours) to swing in the new you of the Aquarian Age - a 40 year birth process and unique in any of the current vibrancy of this Mother Sphere.

Melchizedek, guardian of the Aquarian Age, is always at our side with his battalion.

He tends and kindles the flame of Christ consciousness that one should love and help earthlings, regardless of gender and inclination.

Melchizedek, the guardian of the Aquarian Aeon, assists you in developing and materialising new consciousness.

As patron of the royal path of righteousness, he transmits virtues of intuition and expansion of consciousness. In practical terms for self-healing, personal, collective spiritual development.

In the beginning of the new earthly timeline of the galactic cycle, before the end of your yearly cycle, your evolution will be enlivened and accelerated.

This step beyond linear and limited existence awakens your grandest version of self to the quantum reality of the time and space continuum.

From the galactic core, glistening high frequency magnetic flashes are already weaving into the new light density of the planet and will release higher impulses over the next 72 hours - an intention emanating from Source that shifts the negative polarity of the galactic construct into a new alignment of balance through the merging of all times in the Now.

On a physical level, two layers have already been removed from the laryngeal chakra over the last 72 hours, which is probably why you have often been stimulated to think about your voice, your being and its meaning in this world, and why your doubts have once again been fuelled/illu minated by the sorrowful experiences.

Parallel synchronicity runs through life force energy of the root, which unlocks the divine feminine energy to the new level of enlightenment and activation of the chakras at the base of the spine, the Kundalini.

The flow of the sushumna lifts, opening each chakra and resulting new states of consciousness.

Conscious breathing supports the sushumna and its alignment to unite the cosmic consciousness with the individual self.

The first steps - restraint- observation- HOLDING.

Control of the breath unlocks control of the nerves, the nervous system, respectively our cosmic/spiritual spirit - in many transmissions what we call illness is an expression of the imbalance/blockage of the cosmic soul.

Your trust in creation, your trust in your being of reality has gone through the layers of testing so that the new existence of the uniqueness of the universe you represent with all your being is the mass of the great whole and all aliveness.

Your well-concealed genetic locks unlock to the natural reality to the brilliance of being.

Naturalness is a process of realisation and through the softening of the seals. A great cycle of neutrality from love through healthy self-love to the togetherness for togetherness of Christ consciousness.

Stop choosing sides, for as soon as you choose a side conflict will feed. Instead recognise the universal beings of love, of eternal light, from the predictable into the unpredictable meandering energy of the paths of clarity.

Dedicate yourself today to your eternal life, your unique universe of being. Remember at the same time, as a single being, the worlds mirror/reflect through your way of total expression, all the greatness of the creation of the whole interwoven in YOU.

Experience the photon activation from the original energy pool of life that navigates you safely home.

Be One with future and present, follow the beacon of the celestial stage of your experiential world and remember, sudden states of exhaustion, head pressure (both cerebral hemispheres) erratic heart tone changes, phantom pains, flu-like overall conditions, skin burning, muscle tone vibrations, energy body stretching pain (1-7), enlivened dream journeys in which you can stand up for yourself, without doubt, or negative emotions, are calibrations of psyche and physique in a way you have never experienced before.

Listen to your inner knowing, to the pulse of the cosmos, to your heart, rest, be mindful, meditate, hydrate, eat only photon-rich foods, absorb the new grounded frequency barefoot, shine the new novelty of your radiance into the world and share the gifts of light, Be generous, manifest your collage of new aliveness and glide through the currents of this grandiose masterpiece of the new born epic era of life, at the end of the first year of the new light-filled Earth decade.

Best wishes from the Festival of Lights Holidays

I see you, you see me, eternally bound in love

J.A.

P.S.: If you have a clear view today, you can see this magnificent celestial spectacle and its radiant luminosity with the naked eye, looking towards the southwest shortly after sunset - the moment when Jupiter and Saturn (standing low in the firmament due to our planetary inclination) merge behind each other and let the all-changing light of creation shine towards our earth sphere.

16Dec

7 comments on "+++ NEWSTICKER 16/12+++"

+++ NEWS TICKER 16/12+++

Posted by Jada Alesandra Seidlam 16 December 20207 comments

We have been moving into the most sacred phase of the December wave galactic influx for a few hours now.

Return of the Light - Saturn Jupiter Light Bridge -Consecration in Christ Consciousness - Christmas - the Light of Eternity - the Truth - always shining then as it does now into the darkness of the world - an alignment that unlocked its seals at the birth of Jesus and most recently in 1226 that is exactly 794 years/20/2 - first primary part of the alchemical divine cosmic master brick.

The huge cosmic wave is hitting your planet with explosive energy in every direction and orientation, embodiment and collective. The very interesting punctual pattern radiating in every direction holds a huge whole-body upgrade with X-fold amplification.

Many of you therefore feel cut off, rest assured it is only a short term sensation. In fact you are in the panoramic waiting room, that space between the old way of being and the switch to the new way of multidimensional aliveness.

This emptiness allows you to integrate the shift in being after all the great cosmic energetic shifts.

This space of emptiness is also the ideal time (until 20/12) to detach from all the experiences that have accompanied this cycle of the year since 12/1.

A particularly widespread ritual throughout all times of highly developed cultures is to meticulously reflect and write down all those negative accumulations of experience that you have encountered. Always with all the deep intention and willingness to connect with your inner fire for healing.

Remember a full container cannot be filled with more, you can only fill new on top of old and allow a complete exchange of energy.

Therefore, until the solstice, surrender this, your materialised transcript to the fluid flame of the vitality of the cosmos, in other words, burn your transformation transcripts in real terms.

After the redemption of the negative experiences there is much room for the new positive, create your master plan of intentions, goals, desires, again meticulously into the smallest detail. Fold this, your blueprint and keep the miracle work in a place that is sacred to you.

In the space of emptiness you will dwell until 20/12.

The source coding carries the intention to accept our own fallen angelic self, to accept it completely within us.

The fallen angel self carries our earthly shadow self, the place where we feel resentment, resentment, hostility, abuse of power and always shows up in the reflection of the outside and its situations where we are - if we have not yet been able to let go completely and unconsciously focus our attention on the past, on something we cannot change, we will immediately experience reflections, triggers and feelings.

Letting go means recognising the many facets of yourself and being able to access the different perspectives.

Wherever we look on the outside, the soft/perspective shift to/inside has not yet happened.

When we choose not to forgive, we have chosen the habitual experiential spiral of unwillingness and inability into lessons.

To forgive is not to condone all mistreatment but to find the meaning of the teaching content.

Every choice made to conform, to avoid judgement, to play a role you have been told you must play, is part of a history of higher purpose.

See through the illusion that is holding you back and accept the darkness of the lower energy levels. It will continue to do its best to attract individuals to itself.

But the truth is, where there is darkness the first ray of light, of truth will always win.

The only way is truth with your Self. Move courageously forward into this space. Question everything that feels chaotic, for it is not coming from your soul space of reality.

You are the ones you are waiting for. Aspects of the future in the now.

For 794 years the preparations of exponential changes to this sacred/healing eternal cosmic stream have been in preparation.

For 40 years in fluid acceleration and in this year of 4 the foundations have been encoded/built.

On the Solar Systemic level of your Galaxy the conjunction gears aligned from 12/1 to 21/12. A 35,200x encoding of luminescence enrichment.

Cosmic light techniques that seek to pull and mediate. Especially in this phase (12/1 - 21/12). Mirror fractals are dedicated to revealing the/shadows of the mind in the individual character -beginning and completing the final contraction cycle.

How is your self-love? Are you honest with yourself or are there narcissistic constructs within you, are you neutral towards yourself or do you look for blame in everyone and everything outside, what about your compassion or do you pity yourself and others.

In these high-profile phases, time usually stretches like a rubber band, slowing down the interstellar infusions of the earthling's holographic perception - through intense trigger or even pain. Also slows down the real timeline to create the possibility of descending into the core.

At the level of embodiment, the vibration of the cosmic energy presence is felt throughout the body, vibrating quite powerfully if observed closely, circulating vertically between the entire spine and chest.

Fluid infusions of diamond light lead to cell implosions and usually manifest as enormous chills.

Accompanied by head and vertex pressure, ringing in the ears, vibrations in the limbs, changes in muscle tone, nosebleeds, watery eyes, lung pressure, pancreatitis, pain in the limbs and joints, water retention. Bang- burst effects (head/ body) Mental - Vivid lucid dreaming , altered food intake- craving for sweet, fatty, high calorie mixed with salty sour cravings - beware this craving is a misinterpretation - the body desperately needs to be hydrated during the frequency grounding/ materialisation process.

Hydration and positive self-talk will get the flow of neurotransmitters seratonin and endorphins moving in your brain, whereas negative thoughts and words will immediately stall/freeze the flow of neurotransmitters.

Remember, in this energy bombardment and its cosmic and earthly event potpourri, in the midst of this storm, your Living Fire still lights your path.

Open to your heart, find and unite all your millions and millions of different facets of being, let yourself fall and learn to fly, follow the flow of life of all the aliveness of creation and your creation self.

I see you, you see me eternally connected in love

On my own behalf I say goodbye until the end of the year and wish you a wonderful Christmas, THANK YOU for all your being, all your trust, all your appreciation that makes this space possible.

J.A

14Dec

+++ NEWSTICKER 14/12+++

Posted by Jada Alesandra Seidlam 14 December 20201

Shifting reality

With the onset of the stellar incoming Christ energy, the clearing of the collective judgement that has been hovering over all Earthling beings has been lifted.

You, all of us, have entered the halls of the healing centres and are on the royal path of the epic evolutionary climax.

Today is a particularly powerful highly transformative new moon, powerful due to the rising of a total solar eclipse. Those who perceive this powerful shift are accompanied by severe nausea - headaches, dizziness and fatigue - FLU.

A new unprecedented height of consciousness, the content of which will trigger the things that are ready to be dismantled from our system. Remember, December is the most transformative month of the whole cycle, an intense death and rebirth process, forcing all triggers on the emotional field of your being to change. Never forget, every situation, every being shows you the mirror of yourself. Shows you what you need to see.

An amazing energetic space where intense waves flood us and sequence feedings of the 18th dimension encourage the higher vibration of planetary consciousness to awaken to reality through every single being in this great network. A release of the mental programming of the perpetual loops of all your lives that have constricted you.

Become aware, for many times you have been living forms of society that have deeply influenced/suppressed your gifts of creation and abilities of your healing powers through healthy neutral self-love.

Take time to heal, give yourself patience as you cross the bridges of light and focus on the end result of the new beginning - circulating love of Christ consciousness, giving peace through world healing.

As the Divine Feminine busily pushes the rebirth of balance, the Divine Masculine distortion continues on course for healing of the core wound.

All stigma, turmoil and negative events, sensations, behaviours will soon be released.

It is the time of surrender/capitulation.

Life is full of extremes and causes the pendulum of your old reality to rarely be fully balanced.

It swings from side to side and you hold on to it. Try very hard not to let it slip out of your grip.

This is how we try to control our lives and outcomes, but it also creates many barriers and blockages.

It has slipped out of your human being, creation only gives so much control so that you can maintain your life. Even for that, you follow the guidance of your leadership to let go of control. Your created structures, co-created thought pattern maps, mostly stress you out as you choose the foolish step of finding responsibility and love outside of yourself.

It is an illusion to keep things in order or upright for the outside when it does not conform to the new self-love and sovereign way of being.

It is the ideal moment to reflect on your heart essence.

Follow the rhythm patterns and spectral information that operate in the frequency spectra of the encoded heart field connection with the magnetic fields.

Every emotional state of yourself is encoded with your heart magnetic field, communicating with your body and external environment. Coded information is transmitted at the subatomic level into the nervous system at specific temporal intervals between creation action potentials and electromagnetic activity patterns. Which in turn transforms biologically relevant information into hormonal impulses and the heart creates a pulse pattern with each contraction/encoding - turn with love to your true essence, your reality.

Of course organisation and structure are important, even more important exercise of discipline to let go of control in the process. Trust in the divine. Let yourself fall into the energy of the Divine and set sail for new horizons.

A calm and clear mind will allow you to respond and navigate your life in the direction it needs to go once you can see the bigger picture in the change of perspective.

Trust in your divine seed and its purpose and let the light of the divine guide you through the storms of life.

Panta Rhei

Greeting from the embodiment of your inner wisdom that imparts its knowledge through the silence-I see you, you see me eternally connected in love-

J.A.

news ticker 6/12

Posted by Jada Alesandra Seidl on 6 December 20203 comments

From a cosmic point of view, you find yourself today in the middle of the purifying light bath that scrubs the infinite radiance of your inner jewel.

A sacred anointing of the Christ/Unity Consciousness vibration between the 11 and 12 portals aligns your energetic and physical embodiment to a new diamond materialisation wave of rainbow light embodiment.

The real sacred sequence of setting the course and walking the path between the 8 and 12/12 is a completely new one, not yet in your experience.

For this purpose, complementary matrices activate, strands of your helix, which in parallel cooperation with the wave principle of the Trinity intention and its 24 connecting openings catapult you to your individual multidimensional consciousness and appearance.

The current state of being describes to you the development of your self in earthly embodiment and its infinite interweaving/connection with everything that is. Your self is mainly defined by interaction/communication with yourself as well as with all other liveliness.

The mind and its teachings of the mysteries, the language of the embodiment ABC, the interdimensional dialogue with all beings of creation and the signposts assigned to you, they ask you, they encourage you, the readiness and devotion in the Panta Rhei of the holy river to follow all cosmic life and its origin.

The human design is in a clearly defined Manipura phase to surf the emotional waves of clarity. The next Luminescence Upgrade has begun, in the transformation to the Galactic Superhuman, which is awakening to one of the most important centres of consciousness.

Change happens through the decision to boldly take the leap forward, the deeply implanted primal information to uncover the power of light and shadow.

No one in the cosmos can achieve what is desired if the double-edged sword of the driving force is not learned first. Conscious mindfulness, the ethical handling of power and driving force/motivation always indicates the level of consciousness of a self, a civilisation, a planetary system of a galaxy of one of the many universes first.

We develop to understand our emotional fields. Individual ups and downs are not the whole truth of holy life in the wave of clarity. As earthlings we relate to the earthly senses and allow the human mind and its illusionary creations to take over at the crest of the wave. We build on the pillar of embodiment, feeling and observing, but we cannot translate the individual language its luminous dialect of the cosmos in dialogue with us, usually ending in misunderstanding, despair and fear.

And again we have created a variety of connotations to protect us from the inner and outer shadow harbours, but not to lift you out of the shore waters and let you climb and surf the wave of clarity.

The river of life draws its meanders through action - Prana - inhalation, Apana - exhalation, Udana - food intake, Samana - digestion, Vyana - circulation and nervous system

- and perception - Naga - controls the function of burping, Kurma - controls the movement of the eyelids, Devatta - is responsible for yawning, Krikala - controls sneezing and coughing, Dhananjaya - nourishes and strengthens the body and stabilizes the function of the organs.

Thus the five organs of action and five organs of perception regulate the entire circulation of the embodiment, the first very simplified cosmic language with your self.

From 12 - 14/12 to the new moon encoding the light code infusion of the 11:11 and 12:12 intermediate phase will integrate.

From the rule of your mind self to sovereignty, from your competitiveness to connectedness, community, togetherness, UNITY - completely new never experienced light codes will flood and stabilize your light vehicle until 21/12.

But even until then, especially until 18/12, the spin and with it the worlds of experience given/created to you - both sides positive and negative of duality. On the 21/12 the individual amniotic sac bursts, the quantum leap into the new level of existence takes place - begins to materialise on the individually accessible plateau, to take shape integrated into your vessel.

2020/4, not yet completed, is the eye of the needle, the most important passage of the birth initiation of the 55th year of transition process, from the first contractions to the complete seeing of the light of the Aquarian Age. The transition into the aeon from faith to knowledge, from control to freedom, from ego to we .

A spiritual decree that moves the shadows of the competition of the distorted masculine energies of the collective to surrender and in parallel merges the wisdom of the divine feminine principle, which shifts all earthlings, especially the human species, their community of community towards harmony of oneness with all existence.

From 21 - 29 during the V-moon energy, the upgrade will consolidate in the individual Living Vessels and from 29 - 31 it will weave into the planet's fully spanned web of light. New tasks/intentions and agreements are made with creation, all dedicated to the unique reality of reality - unlock your chains of distorted powers - and the new life of the individual Living V-Moon is born.

Place your left hand on your jewel - breathe - feel the sparkling upgrade pouring and circulating over your crown and let the games of the Cosmic Pulse begin through the radiance of its expression.

Body correspondence all basic chakras 1- 7 adrenal glands - bladder and excretory functions, sexual organs, skin, adrenal system, sacral vertebrae, lumbar vertebrae, thoracic vertebrae, neurotransmitters, pancreas, digestive organs - liver, kidney, spleen, gall bladder, stomach, heart, lungs, circulatory and oxygenation systems, breasts, Thyroid gland, larynx (lump formation), lymphatic system, auditory system, mouth, visual and olfactory systems - databases, ear and sinus problems, pituitary gland, hypothalamus - only parts of it, epiphysis, cognitive systems, right eye (watering, blurred vision, severe redness, conjunctivitis)

Psychic correspondence - security/survival mode, emotion and creativity, mentality and structure, relationship/interaction and healing, communication and leadership, vision and structure, destiny and relationship to the greater whole/universal connection. intense dream awareness experiences.

All one an uplifting dance on the waves of clarity into the vast expanse of the sacred cosmic ocean of life

J.A.

Shift Update 29/11 -31/12

Posted by Jada Alesandra Seidlam 29 November 2020

December begins magically electrifying and full of cascades of cosmic alchemy. Activate your courage when the December vibration once again presses on the Achilles' Verses of the Earthlings.

With the first contractions of a new phase it is always advisable to start a new growth log book to follow your personal development.

Previously, a grandiose cosmic high in the sky, this weekend 27/11, the full activation of the female energy of creation, paradigm shift in the heart stretching process, a new peak intensity of Yin energy.

As a reminder, already in the last shift, the source informed us of the rising wave of this softer energy where, softer is not equal to easier.

It serves to further connect the fractals of the heart with the overall picture of creation and to stretch the cosmic spirit in the earthly mind vault.

The last weeks were therefore full of inner lot - and dissolving processes of what no longer corresponds to your identity.

Remember the divine feminine is an expression of energy that reigns over the bent shadow side. It represents knowledge in the unknown and those creative qualities that blossom when we take a seat in the panoramic waiting rooms in the now of the quantum field of wholeness, oneness.

More and more of you are now entering the multi-dimensional panoramic lounge and through the parallel union of Jupiter/Saturn/Pluto in Capricorn, a shift of considerable intensity and range - which last occurred 4,000 years ago - and this will accelerate the contractions in our galaxy for Unity consciousness. In the closer union with the now stationed and the incipient forward movement of Neptune and the symbiosis of the Blood Moon eclipse on 30/11 in 8° Gemini ruled by Mercury, makes this cosmic bang at the epicentre of Zero-Point Energy perfect.

One thing in advance, those earthlings who started their incarnation with the star code 1-2-3-4-8-9-11 can experience a new special depth in this year of 4 but especially in November.

The spiral of experience directs the vastness of knowledge to the points and their higher level, that unity exists.

But only if we allow the human perspective to change, otherwise the vibration will drift into a lower level of perception of the human self. Earthlings then fish in the murky, nebulous waters of individual perception. That field where the individual self is in the foreground and all the sorrow during this great transformation cannot be recognised as the first impulse of change for healing.

Think bigger, your soul is humanly embodied and nothing in your life happens unsystematically and by chance. It knows oneness exists and the paths to it require different, expanded perspectives, changes, approaches, self-discipline and exclusively heart-based actions.

Running Neptune Forward is not only a test of all we have learned, but it is a blessing to strengthen our thinking.

Now you cannot just sit and pretend that you have not seen what has happened in the last months. You are ready to stand up and take action to put your soul-self's trust into action. Having confidence in yourself, being aware that you may feel confused today and suddenly lost again, especially after so much hard work, is the first step on the path to increasing the level of readiness for the multidimensional panoramic waiting room.

Over the last 5 months Neptune has encouraged you to uncover the hard reality/truth of your own trust in your own fields of emotion and intuition. He also shows how we see ourselves, how we understand ourselves and where we actually are in development.

Through the movement in its own sign, Neptune is the representative of things and understanding of the cosmic realms, illusion, vision, self-creation and fantasy, seclusion/separation such as hospitals and viruses, but also the upcoming time of darkness. He lifts the veils to what is going on individually and collectively in the seclusion, the life lessons. Most have lost confidence in the brilliance of the vibration in the precise navigator through the fog in their lens/eye angles for

alignment. And yes, it can be tempting to merge again with the old habitual human existence and its still old thought-weaves and this illusion.

However, the delusional quality of Neptune can exacerbate addiction and mental health problems. Neptune is highly sensitising and earthlings have developed many methods to escape reality, many of which are destructive to mind/body/mind.

What is really important is to enter into resonance and trust with the navigator now, so that the fog does not obscure the view again some day.

On the positive side, Neptune increases the potential for spontaneous surrender/acceptance and dissolves the limitations of everyday consciousness to instruct, uplift and redeem.

It has been multiplying for days, the first part of the wonderful Blood Moon eclipses in Gemini - this one at 8° in dance with Mercury, who rules the higher wisdom, shifts the direction of the dialogue.

Eclipses are our cosmic wild cards, bringing unexpected changes through external control of the higher dimensions and all galactic help for us earthlings in the change of our embodiments. The developments experience frequency increases at extraordinary heights - this December straight from the source.

During this time, a host of previously imperceptible wormholes open and close, relationships of every kind can end and rebirth of the new happens.

Gemini is a fantastic sign of healing - these days you can work with your aura field. At the same time the nervous system is assigned to this sign. Truths and polarities are revealed and our spiritual growth/awareness will expand in a never imagined magnitude.

The interaction with yourself, your soul and your body itself, but also interactions and dialogues in your personal environment and on a collective level will experience a new direction in the next two months - second part 10/6/5. The floodlights illuminate all those things that are not yet in harmony with your YOU of reality.

Expect the unexpected through the activated power of the clearing through creation. A nuclear fusion that exposes hidden things and sudden realisations and demands a centred heart in the peak moments. Shifting from the negative to the positive of the moment demands- your soul knows the path of infiltration of the hidden shadows of your presence.

In December, the representative of Cosmic Truth, Law and Justice Mercury continues to accompany the Sun and moves in Sagittarius at the Galactic Centre. Now the bulging rainbow-vibrations of the final eclipses of the 4th year activate - tomorrow 30/11 and 14/12, so the pressure will increase intensively and stimulate the drama.

The annual alignment in the constellation of Orion is opened by two portals - in the alignment of Alcyone on the one hand, in the sign of Ophiuchus who carries the seeds of the cosmos to the fertile soil of the planets and on the other hand in the constellation of the Pleiades where life - rebirth germinates to let love and healing happen.

Remember and reflect on what has happened in your life since 5/6. What has pushed itself into your everyday consciousness, what have you experienced. And above all, what have you learned and changed since then. With twins it is mainly about social details, while Sagittarius is defined by philosophical extension. So don't be surprised if the way you interact with information in the coming weeks changes fundamentally. And if you feel that you are not yet at the point where you should be from your point of view, don't worry, these are just the first small steps in the twin Sagittarius axis that will accompany us until the end of 2021/5 (26/5/5; the 10/6/5 and the 4/12/5). Observe what unlocks with this blood moon completed in June of the following earthly year.

And when December begins, you will integrate the massive shift initiated by this Blood Moon. At the same time, on 1/12 when Mercury enters its realm, an even heavier dose of Sagittarius energy will be injected, calling on us to tell the truth, seek new knowledge and reach moral heights for the next few weeks - and this is only the beginning.

Sun and creation messenger Mercury are still in the adventurous, truth seeking -shooter, opening your new world for all kinds of possibilities and new perspectives.

Sagittarius is a funny, quirky and cheerful, mutable fire sign that doesn't take itself too seriously and will inspire the first three weeks of December to be more free-spirited and take on the festive mood of the holidays - even if global chaos is dampening our usual plans. A happy gift in that our heavy fields of interaction will get a little break from all the heaviness until 15/12.

At the beginning of the month, romantic Venus will spend a short time in the emotional, intense and very private Scorpio, before returning to Sagittarius in the middle of the month where she has already found her place since 7/1. This also encourages a more free-spirited approach to all-embracing love.

Highly ionised waves encode on 12/12 - UNITY/CHRIST CONSCIOUSNESS. The emission of the wavelengths of the CHRIST CONSCIOUSNESS weaves into the helix of DNA via photon flooding, exposing a further layer of the blueprint of the Galactic Humanoid.

The hopeful new moon eclipse on 14/12 also forms the zenith of the regency in the House of Sagittarius of December. While the sun and the moon are aligning, we shoot with bow and arrow directly towards the stars and strive for our highest aspirations. The energy of the new moon / solar eclipse inspires us to turn our focus inwards and to examine personal philosophies and belief systems from a new perspective.

Solar eclipses can be very chaotic and therefore not a good time to set your usual NM intentions, but again an ideal moment to reflect on how your views have changed in year 4.

18/12 Alignment Galactic centre at 27° Sagittarius highest tachyon transmission directly from source via Alcyone expected body architecture of light becoming Correspondence via pineal pituitary gland Pituitary gland connection- with pressure at the back of the head by activating the prism in the torso of your light column. Since 27/11 the great December vibrations have been flowing and all their contents - that is why there is already a lot going on in the embodiment of the Torso of Light - from the lower external costal arch to lumbar vertebrae, craniosacral joint, thymus, thalamus, central nervous system, right eye. Ellen, knees, palms, feet, gonads, reinforced mensis, gonads and externally visible reinforced tides, sternum, solar plexus/nerve plexus,

It will be time to reflect on self-initiative and the approach of the self in the new eon until 21/12. Both Sun and Brain Mercury will be in a robust, ambitious and practical Capricorn, encouraging you to set goals, make plans and settle for nothing less than success.

December 21st is a truly big one of a very wide range of things, the date of the most significant event of the century - a powerful, if not the most powerful alignment that will end the year with the revolutionary energy of change. Everyone will feel the change of the Great Conjunction. Saturn will move into Aquarius on 16/12, closely followed by Jupiter on 19/12 (last 2009/11). This double transition completely opens the airy *age of Aquarius*.

In the last 200 years Jupiter/Saturn conjunctions have taken place in earth signs. Their mutual entry into Aquarius signals the beginning of a new 200-year cycle and encodes an airy, variable increase in intellectual and technological breakthroughs.

One day later, the fast thinker Mercury enters Capricorn on 20/12, marking the second sign change of this fast planet this December. An official dissolution of the Sagittarius' energetic dominion this month. This internship helps us to make our goals more practical, invites us to buckle up and get to work as we enter the new age.

The moment when Saturn (Planet of Discipline and Limitations) joins Jupiter (Planet of Expansion and Abundance) in the community-oriented, humanitarian fluid air sign of Aquarius, and allows us all to step into the great portal of eons, encodes the next stage of a truly fierce rise. A path that stomping and screaming forces us to surrender and improve in a greater way so that the summit can be reached close to the sky.

This journey accompanies us through the whole of the 5th year and for several more. So prepare yourself for the cosmos to prepare some greater lesson for us to initiate us all into the understanding of love and unity and only through our active self can it shine out. Everything that is present in, with, around you at this time will accompany you again and again in the years to come.

Parallel to the time of the Great Conjunction, the sun also shifts its vibration into the Capricorn season and asks us to be more practical and focus on safety, while at the same time marking the winter solstice.

On 23/12 the 3rd and last square formation of Pluto and Mars takes place, anger or aggression can briefly cloud the light-fixing mood.

The month ends with another highlight - a full moon in the nurturing, protective fluid space of the Threshold / Cancer on 29/12. The Mooness is the ruling planet of Cancer, which will make this full

moon a particularly calming and empowering one. This festive wave will close the year with a huge flood of emotions, which are combined with a sympathetic touch - an ideal moment to give priority to self-care, to connect with the people you feel most comfortable with.

Chakra correspondence 3 - 4 - 5 - 12 - 22

The predominant lesson of the -3.chakra - solar plexus relates to how to perceive emotions that the world sees us.

How strong is your sovereign identity? In contrast and especially to the upper chakras, the solar plexus chakra has no connection to thinking, no logic, no reasoning, the power of the chakra is entirely related to your emotions. Even more important is how we trust ourselves.

Serotonin is the neurotransmitter responsible for our mood modulation. 90% of it is found in the intestines, where it is produced and stored.

The development of the chakra begins in childhood in the age of 4-5 years, when we begin to understand that actions have consequences. Serotonin determines how safe or anxious we feel and how massively the digestive functions are affected. Connected with digestion, the liver, the foreman of the body, naturally governs. The liver controls the metabolism and the absorption of nutrients and other things, but it also moderates emotionally the handling of authority.

In the case of disorders, the manipura pushes through, hernias, heartburn, IBS, Crohn's disease, indigestion, stomach ulcers, intestinal tumours, pancreatitis, hepatitis, cirrhosis, adrenal disorders, colon diseases and arthritis.

Manipuri means city of jewels and refers to how the ten prana and vayus gather in space. These energetic winds regulate the transformation of energy in the organism and each has its own direction, function and properties.

Again, the lessons refer to overcoming ten states-Stupidity, deception, ignorance, jealousy, shame, disgust and betrayal disturb this centre as well as sadness, uncontrolled ambition and fear.

When you meet in harmony in the solar plexus centre, the kundalini can rise.

4th chakra - heart chakra/Anahata

Correspondence in case of disharmony - heart, lung, chest, chest, arms, upper back, shoulders, vagus nerve, circulatory system - heart failure / disease, asthma, allergies, breathing problems, oxygen saturation / intake high blood pressure.

Those conditions we have to overcome and those we can strive for are incompetence, discrimination, judgement, partiality, defiance and longing - they all hinder Panta Rhei.

For its greatest healing, we should try to let harmony, empathy, clarity, unity, forgiveness and compassion blossom within us.

The essence of Anahata rests in unity, purity, goodness and peace. When we achieve all this, we experience the feeling of the heart chakra as bliss.

5th Chakra/ Vishuddha

Correspondence in disorders - neck, vocal cords, trachea, throat, mouth, teeth, gums, esophagus, shoulders, arms, hands, hypothalamus

The lessons of the throat chakra come from the personality we show to the world.

Expression comes in two ways. How we talk to other people and how we communicate our thoughts and values, but also how we dress or wear our hair. Of course, this also means creativity, the colour and liveliness we show to the world.

Vishuddha is the chakra of inspiration, it is the ideas, visions that manifest and materialise and are passed on to the world.

The way of expression requires trust. You must not only believe that you can do it but also be brave enough to present your ideas/visions to the world.

12th chakra /earth star -connection with the monad - the part of us that acts as an observer.

Complete detachment, thus allowing neutral evaluation observation and impartial conclusions.

We realize how neutral observation can be a fundamental remedy by leaving our emotions and ascending into the helicopter perspective, thus allowing us to see the whole picture, how all fractals

/ particles come together and can be changed by changing the angle of view, descending back into the event

22nd chakra crown chakra of the 5th dimension our multidimensional angel-self - the self closest to our earthly being, transmits platinum-coloured vibration of our higher nature of the spiritual energy embodiment of the 2nd being of the multidimensional being into the matter of the 1st dimension embodiment. Only if we consistently pay attention to how we interact with the universe as a whole, and learn to hear, understand and integrate the messages, can we gain access to the world of reality, our true being.

The lessons of the 22nd chakra are found in empathy and compassion. How do you learn to feel yourself, what the other person feels and what do you do with what you feel, how does your human existence react in its expression of the action of the situation. Once we have understood and integrated the lesson, all expectations of human existence are dissolved and altruism is taken for granted. You can no longer avert your lenses because from now on the connection with the Divine is more densely woven and pulsating than all the networks together - we feel more connected to the Divine and vulnerable to the grief of other people. It is a brave and generous thing to surrender to another's pain.

Your deep understanding that everything is interconnected and that the energy of the Universe resides in all living beings sends out the knowledge that we are more than our physical bodies deeply radiating outwardly.

For the vast majority of earthlings, the hard 4 year of individual, collective transformation and its mutations in the layers is already being written off.

But in the end it is of utmost importance to face all the things of chaos with its big and small changes, in and around us, with gratitude and acceptance - our greatest adversaries and opponents encode the highest possible magic in the healing process of the divine order.

Portal Days - 14 and 15/12

Traditionally no day of festivity in December

I would like to thank all readers for all the trust and appreciation they have shown in the turbulent cycle of the column effect in Luminous $4\,$

Thank you, thank you, thank you.

During the intensified flying hours of December, I see you, you see me eternally connected by courage and action following the navigational principle of Universal Love.

To all, to you and you and you a particularly wonderful, blessed, peaceful, contemplative, winged Christmas light festival in the circle of your favourite earthlings

J.A.Thank you for the appreciation and attention

A support/appreciation on your part helps to ensure a smooth and free of charge process.

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